

**TRAID (Textile Recycling for Aid and International Development)**

Press Release – January 2012

For interviews contact TR Aid / Leigh McAlea on 020 8733 2585



## Sew Good with Fashion Recycling Charity TR Aid



Sew Bad? Never fear! Learn to Sew Good with the fashion recycling charity TR Aid at monthly workshops held in our Camden store throughout 2012.

Bring a garment you no longer wear, and we'll give you the skills you need to fix, alter and revive your wardrobe. These simple techniques help to extend the life of your clothes, and will give you the confidence and knowledge to adjust second hand, charity shop and vintage finds to fit perfectly.

Whether you need to fine tune your skills, get to grips with a sewing machine, or even learn to thread a needle, the Sew Good team will help you find creative avenues for transforming unwanted clothing, into something you'll love to wear.

Due to Sew Good's popularity, **booking is essential**. Please email [sewgood@traid.org.uk](mailto:sewgood@traid.org.uk). The workshops take place **the second Thursday of every month** between **6pm and 9pm** at **TRAID Camden, 154 Camden High Road, London NW1 0NE**. These workshops are **free**.

12 January // 9 February // 8 March // 12 April // 10 May // 14 June // 12 July // 9 August // 13 September // 11 October // 8 November // 13 December

### Notes to editor

- For images and information please contact Leigh McAlea at TR Aid on 020 8733 2585
- TR Aid is a UK registered charity (297489) working to wear poverty out. Read about the projects TR Aid has funded to date here [www.traid.org.uk/opoverty.html](http://www.traid.org.uk/opoverty.html) through the collection, reuse and resale of the UK's unwanted clothing in our 10 charity stores.
- [www.traid.org.uk](http://www.traid.org.uk)
- Sew Good Workshops launched in 2009 as part of TR Aid's education programme to highlight the problems of textile waste, the impact of the fashion industry on lives and the environment, and how small changes in consumer behaviour can make a big difference.
- Photograph © Tina Aileen 2011; workshop participant with a garment she has remade at Sew Good.