



Sew Good

Sew bad? Come along to TRAIID's free sewing workshops, and learn to sew good!

Sew Good workshops are run by charity and eco fashion hero TRAIID (Textile Recycling for Aid and International Development) to help people take control of their wardrobe and extend the life of their clothes by teaching basic mending, adjusting and remaking skills.

Workshops are open to everyone, regardless of their skill level and take place every month in store at TRAIID Shepherds Bush. For night owls, TRAIID also runs an evening workshop called the Sew Good Lock In at its flagship store in Camden.

Bring a garment and the TRAIID Sew Good team will help you to remake it into a gorgeous and unique piece you'll love again. Participants learn their way around a sewing machine, and are initiated into some of the remaking secrets of TRAIID's recycled fashion label TRAIIDremade which uses old clothes and textiles that would otherwise be thrown away to create beautiful ethical fashion.

At recent workshops we have cut, ripped and hemmed to turn frumpy dresses into cheeky Ra Ra skirts, appliquéd cherries over corporate logos, replaced broken zips, embellished using big buttons and shiny beads and more....

Lyla Patel, TRAIID's Head of Education said, "We run our workshops in TRAIID shops so everyone taking part is surrounded by inspiration from our fantastic preloved and vintage stock. The techniques learned makes clothes last longer diverting clothes from landfill and protecting the environment. It's fun, it's ethical and there is nothing like basking in the glow of something that you have made yourself."

Booking is essential. To reserve a place contact Lyla Patel - lyla@traid.org.uk / 020 8733 2591

- **Monthly Saturday Workshops at TRAIID Shepherds Bush, 154 Uxbridge Road, W12 8AA**
11am – 3pm
January 30 // February 27 // March 27 // April 24 // May 29 // June 26 // July 31 // August 21 // September 25 // October 30 // November 27
- **Quarterly Thursday Workshops at TRAIID Camden, 154 Camden High Street, NW1 0NE**
6pm – 9pm
January 14 // April 8 // July 8 // October 7

Notes to Editor

1. Contact the press office for images / information 020 8733 2585
2. www.traid.org.uk
3. TRAIID (Textile Recycling for Aid and International Development) is a charity working to reduce landfill by collecting and reusing the UK public's unwanted clothes, and raising funds to fight global poverty by reselling them in our legendary shops.